

## A Companion Guide to

# Fertile Ground VISION CARDS

**A deck of 52 hand-collaged images to help you:**

*Step Inside: Reclaim Your Body's Wisdom*

*See New Possibilities*

*Spark Imagination*

*Allow The Mystery To Unfold*

*Focus Your Direction*

*Overcome Obstacles*

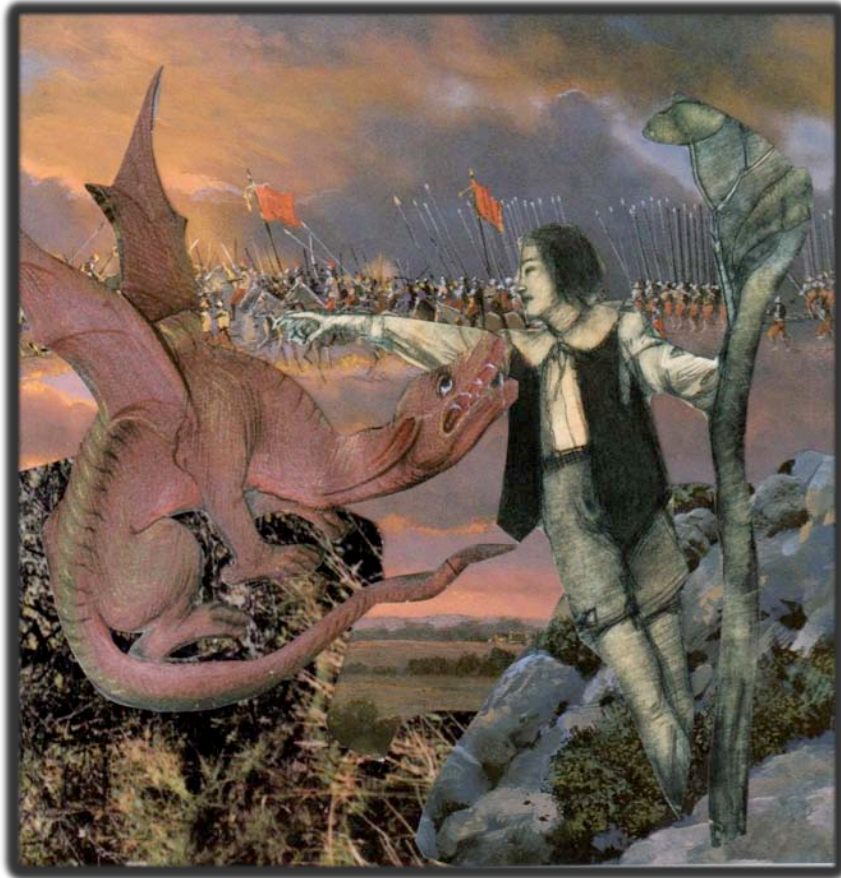
*Take Action*

*Live Your Vision*

# CONTENTS

1. Why I Created Fertile Ground Vision Cards.....	4
2. Fundamental Nuggets .....	9
3. Why Are Vision Cards So Powerful?.....	18
4. Begin Your Fertile Ground Practice.....	23
5. How To Use The Cards.....	31
6. Next Steps: Changing the Story of Self.....	50

## Why Are Vision Cards So Powerful?



*If you are curious, the truth will reveal itself.*

*—Carolyn Campbell*

**A**s you embark on your voyage into personal life transformation, courageous leadership or intentional living, it can be exciting, challenging and unsettling—all at the same time. Things often get harder before they get easier.

Vision cards offer a portal into the metaphorical and mythical land of self that language simply can't provide. They give you access to your **internal landscape**. You can use them to uncover a new perspective on a confusion or challenge or to find rich language for writing or speaking. You can use them to deepen your understanding of yourself and enrich your connection with others. You'll find that the ways to use them are limitless.

And though the actual “method” is really quite simple (see How To Use The Cards, page 31), real engagement with this process requires that you give yourself permission to be selfish and reclaim what is most important to you.

## **Your Hero's Journey**

Mythology permeates our everyday lives. We find it in movies, as we are enthralled by the hero's journey to overcome adversity. In sports, we raise up mythic heroes who seem unconstrained by human limitations. Spiritual texts are rich with mythic accomplishments. The myths that transcend time provide us with stories and characters that represent our own longings and dreams and **beckon us to live from the source of our most grounded truth.**

Joseph Campbell wrote about the 12 stages of the hero's journey. The story begins in the hero's normal world. He or she is presented with a challenge or problem and *will refuse the call*, typically out of fear. I find in both my life and my clients' lives it is often easier to stay where we are—even when we are dissatisfied—than to risk change. **When things finally get too painful, too boring or too...something, we begin to look for help.** As Joseph Campbell put it, “At some point the hero meets a mentor who offers advice, support or training to embark on the journey.”

***It's no mistake that you are here.  
Let your journey begin.***

### **Crossing Over To Inner Wisdom**

While I love working with coaches and guides of all kinds, I realized long ago that my inner wisdom was my greatest mentor. And the very simple act of *inquiry*—asking a single, powerful question—provided a guidepost for me to leave the ordinary world and “cross over” to this most enchanted Self. Ah, this crossing is where conviction and courage join forces. **It is here that you'll be tested, meet allies, confront old demons and discover just how much you want and need change.** You will have setbacks as you expose your Self, take the leap and expose your Self again. You will experience crises of spirit and question your purpose. Will I continue or return to the old ways?

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This is the journey of the everyday **hero**. In the final stages, when you have survived the crises, befriended your fears and welcomed your strengths, you, the hero, return to the everyday world to face yet another test: **How to engage in this life** as others honor (or don't honor) your new way of being. This is the beauty and bounty of this work. *The world doesn't change, you do.* And as you allow your gifts to shine forth, the wealth of your spirit will offer a new path for others to follow.

***This is what the cards allow us to see a little more clearly—how to live from the wealth of the soul in a turbulent world.***

So drop in, and breathe. Allow yourself to enter the portal to your inner knowing. *Wander in the space of your most mysterious Self. Let go. Get curious.* Allow the images in the cards to become waking dreams, going beneath the surface to reveal untamed longings, hidden strengths and the wisdom of your soul.

Beyond being simply a tool to explore your interior knowing, **Fertile Ground Vision Cards** inspire **action**—action that increases your comfort with your Self and your ability to connect to the world with greater impact and purpose.

The cards mix **metaphor, body awareness and inquiry** to access your inner wisdom and summon the courage and clarity to trust and be who you are...your style, your way. With them you can savor the sweetness of new beginnings, the whispers of Self-discovery, and the enchantments of your life calling you to the feast.